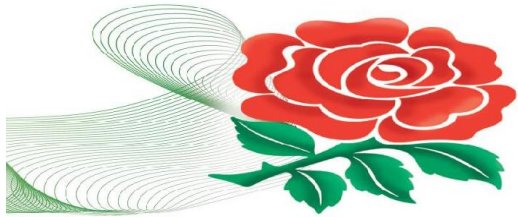


ENGLISH GYMNASTICS

English Qualifier 2 Competition Time Table Sunday Programme

English Qualifier 2 Competition Time Table													
Sunday Programme													
TRI Prelims					Ind DMT Prelims								
Level	Flight	Panel 1		Panel 2		Panel 3		Level	Flight	Panel 5			
Gold	1	Age Group:	Synchro		Synchro		Synchro		Gold	1	Age Group:	Senior Male	
		No:	Mixed (1-7)		13-14 M&F, 15-16 M&F		Senior Male & Female				No:	(1-13)	
		Floor Warm Up:	08:00	08:30	08:00	08:30	08:00	08:30			Floor Warm Up	08:00	08:30
		March On:	08:30	08:35	08:30	08:35	08:30	08:35			March On:	08:30	08:35
		Tramp Warm Up:	08:35	09:00	08:35	09:00	08:35	09:00			Warm up Pass 1 & 2	08:35	08:50
		One Touch:	09:00	09:10	09:00	09:10	09:00	09:10			Compete Pass 1 & 2:	08:50	09:05
	Compete:	09:10	09:35	09:10	09:35	09:10	09:35	Warm Up Pass 3 & 4	09:05	09:20			
	One Touch:							Compete Pass 3 & 4	09:20	09:35			
	Compete Final:							Leave The Floor	09:35	09:40			
	Leave The Floor	09:35	09:40	09:35	09:40	09:35	09:40						
	2	Age Group:	Synchro		11-12 Female		13-14 Female		Gold	2	Age Group:	Senior Female	
		No:	Mixed (8-14)		(1-13)		(1-13)				No:	(1-13)	
		Floor Warm Up:	09:05	09:35	09:05	09:35	09:05	09:35			Floor Warm Up	09:05	09:35
		March On:	09:35	09:40	09:35	09:40	09:35	09:40			March On:	09:35	09:40
		Tramp Warm Up:	09:40	10:05	09:40	10:05	09:40	10:05			Warm up Pass 1 & 2	09:40	09:55
		One Touch:	10:05	10:15	10:05	10:15	10:05	10:15			Compete Pass 1 & 2:	09:55	10:10
	Compete:	10:15	10:40	10:15	10:40	10:15	10:40	Warm Up Pass 3 & 4	10:10	10:25			
	One Touch:							Compete Pass 3 & 4	10:25	10:40			
Compete Final:							Leave The Floor	10:40	10:45				
Leave The Floor	10:40	10:45	10:40	10:45	10:40	10:45							
3	Age Group:	9-10 Female		11-12 Female		13-14 & 15-16 Female		Gold	3	Age Group:	13-14, 15-16, 9-12 Male		
	No:	(1-12)		(14-26)		(14-21) & (1-6)				No:	(1-4), (1-3), (1-6)		
	Floor Warm Up:	10:10	10:40	10:10	10:40	10:10	10:40			Floor Warm Up	10:10	10:40	
	March On:	10:40	10:45	10:40	10:45	10:40	10:45			March On:	10:40	10:45	
	Tramp warm Up:	10:45	11:10	10:45	11:10	10:45	11:10			Warm up Pass 1 & 2	10:45	11:00	
	One Touch:	11:10	11:20	11:10	11:20	11:10	11:20			Compete Pass 1 & 2:	11:00	11:15	
Compete:	11:20	11:45	11:20	11:45	11:20	11:45	Warm Up Pass 3 & 4	11:15	11:30				
One Touch Final:	11:45	11:55	11:45	11:55	11:45	11:55	Compete Pass 3 & 4	11:30	11:45				
Compete Final:	11:55	12:05	11:55	12:05	11:55	12:05	Leave The Floor	12:05	12:10				
Leave The Floor	12:05	12:10	12:05	12:10	12:05	12:10							



ENGLISH GYMNASTICS

Level	Flight	Panel 1		Panel 2		Panel 3		Level	Flight	Panel 5		
Gold	4	Age Group	Disabilities Cat 1 M & F		Disabilities Cat 2 M & F		15-16 Female		4	Age Group:	9-12 Male	
		No:	(1-6) & (1-2)		(1-4) & (1-7)		(7-18)			No:	(7-18)	
		Floor Warm Up:	11:35	12:05	11:35	12:05	11:35	12:05		Floor Warm Up	11:35	12:05
		March On:	12:05	12:10	12:05	12:10	12:05	12:10		March On:	12:05	12:10
		Tramp warm Up:	12:10	12:35	12:10	12:35	12:10	12:35		Warm up Pass 1 & 2	12:10	12:25
		One Touch:	12:35	12:45	12:35	12:45	12:35	12:45		Compete Pass 1 & 2:	12:25	12:40
		Compete:	12:45	13:10	12:45	13:10	12:45	13:10		Warm Up Pass 3 & 4	12:40	12:55
		One Touch Final:	13:10	13:20	13:10	13:20	13:10	13:20		Compete Pass 3 & 4	12:55	13:10
	Compete Final:	13:20	13:30	13:20	13:30	13:20	13:30	Leave The Floor	13:30	13:35		
	Leave The Floor	13:30	13:35	13:30	13:35	13:30	13:35					
	5	Age Group	9-10 Male		Senior & 17-21 Male		Senior & 17-21 Female		5	Age Group:	15-16, 13-14 Female	
		No:	(1-6)		(1-8) & (1-6)		(1-5) & (1-7)			No:	(1-9) & (1-4)	
		Floor Warm Up:	13:10	13:40	13:10	13:40	13:10	13:40		Floor Warm Up	13:10	13:40
		March On:	13:40	13:45	13:40	13:45	13:40	13:45		March On:	13:40	13:45
		Tramp warm Up:	13:45	14:10	13:45	14:10	13:45	14:10		Warm up Pass 1 & 2	13:45	14:00
		One Touch:	14:10	14:20	14:10	14:20	14:10	14:20		Compete Pass 1 & 2:	14:00	14:15
		Compete:	14:20	14:45	14:20	14:45	14:20	14:45		Warm Up Pass 3 & 4	14:15	14:30
		One Touch Final:	14:45	14:55	14:45	14:55	14:45	14:55		Compete Pass 3 & 4	14:30	14:45
	Compete Final:	14:55	15:05	14:55	15:05	14:55	15:05	Leave The Floor	15:05	15:10		
	Leave The Floor	15:05	15:10	15:05	15:10	15:05	15:10					
	6	Age Group	11-12 Male		17-21 Male		17-21 Female		6	Age Group:	13-14, 9-12 Female	
No:		(1-13)		(7-20)		(8-17)		No:		(5-11) & (1-6)		
Floor Warm Up:		14:35	15:05	14:35	15:05	14:35	15:05	Floor Warm Up		14:35	15:05	
March On:		15:05	15:10	15:05	15:10	15:05	15:10	March On:		15:05	15:10	
Tramp warm Up:		15:10	15:35	15:10	15:35	15:10	15:35	Warm up Pass 1 & 2		15:10	15:25	
One Touch:		15:35	15:45	15:35	15:45	15:35	15:45	Compete Pass 1 & 2:		15:25	15:40	
Compete:		15:45	16:10	15:45	16:10	15:45	16:10	Warm Up Pass 3 & 4		15:40	15:55	
One Touch Final:		16:10	16:20	16:10	16:20	16:10	16:20	Compete Pass 3 & 4		15:55	16:10	
Compete Final:	16:20	16:30	16:20	16:30	16:20	16:30	Leave The Floor	16:30	16:35			
Leave The Floor	16:30	16:35	16:30	16:35	16:30	16:35						
7	Age Group	13-14 Male		15-16 Male				7	Age Group:	9-12 Female		
	No:	(1-14)		(1-10)					No:	(7-20)		
	Floor Warm Up:	16:00	16:30	16:00	16:30				Floor Warm Up	16:00	16:30	
	March On:	16:30	16:35	16:30	16:35				March On:	16:30	16:35	
	Tramp warm Up:	16:35	17:00	16:35	17:00				Warm up Pass 1 & 2	16:35	16:50	
	One Touch:	17:00	17:10	17:00	17:10				Compete Pass 1 & 2:	16:50	17:05	
	Compete:	17:10	17:35	17:10	17:35				Warm Up Pass 3 & 4	17:05	17:20	
	One Touch Final:	17:35	17:45	17:35	17:45				Compete Pass 3 & 4	17:20	17:35	
Compete Final:	17:45	17:55	17:45	17:55			Leave The Floor	17:55	18:00			
Leave The Floor	17:55	18:00	17:55	18:00								